



## COVID-19: Contingency Plan - Protection plan implemented

### Quinta das Beldroegas – Country Houses

➤ Individual **Protection plan implemented:**

- ✓ No contact when greeting
- ✓ Friction with alcoholic hydra solution after each hand contact
- ✓ Distance of 1 meter for all people and 4 meters for patients or suspects.
- ✓ Avoid crowds.
- ✓ Anyone who has a fever, cough or difficulty breathing should be considered a suspected case
- ✓ Wear a mask FP2 if you are sick to avoid contaminating others
- ✓ If there is a need to contact someone sick use mask FP2

➤ **Dispensers with antiseptic solution** available in shared exterior areas such as the reception, the pool area, and BBQ area.

➤ **Cleaning and disinfection of contact surfaces** in public areas with bleach (sodium hypochlorite solution) in a concentration of at least 5% free chlorine, and 70° alcohol, for metallic or other surfaces that are not compatible with the bleach.

➤ **Accommodation Units fully disinfected** with recommended antiseptic products

➤ **The airing of the unit** is guaranteed by guests if they so wish, ensuring that the air is renewed at least three times a day.

➤ **Defined location for isolation** in suspected or confirmed cases. Room with WC and living area, ventilated, with direct access to the outside and properly equipped, with:

- ✓ Disposable kit with masks, surgical gown, and gloves.
- ✓ Thermometer.
- ✓ Disinfectant.
- ✓ Kettle.
- ✓ Non-perishable foods, cereals, milk, juices, fruit pulp, crackers.
- ✓ Waste container and used clothing collect bags.

➤ **Breakfast service/supply** - We guarantee that all existing food service items have been properly washed and disinfected.

➤ **In case of the presence of a sick person or suspected of being sick by COVID-19 at the housing, we will act:**

- ✓ The sick person should not leave the house but stay in the room and call the professionals in the QB reception area to call SNS24 (808 24 24 24) who will assess the case and contact the Local Health Authority.
- ✓ Do not under no circumstance go to the health-centre, private doctor office or hospital emergency room.
- ✓ Wait for the clinical decision and the instructions of the health professionals who will assist you.
- ✓ Placing a surgical mask on the person.
- ✓ The Local Health Authority may choose to send the person to the referral Hospital in the area or not, depending on the patient's clinical situation.
- ✓ In suspected cases of COVID-19, cleaning and linen professionals will wait for the result of the laboratory diagnosis to confirm or not the suspected case, before starting the procedures for removing the clothes and cleaning.