



## How to act in the presence of a sick person or suspected of being sick by COVID-19

### \* INFORMATION FOR GUESTS \*

➤ The employee and / or guest must immediately communicate to the Directorate - Anabela Coimbra via +351968052547, WhatsApp, [quintadasbeldroegas@gmail.com](mailto:quintadasbeldroegas@gmail.com) or via the tour operator where he booked, so that the internal prevention plan is activated in case of suspicion.

✓ Any contact with the suspect must be made with protection (mask, smock, gloves);

✓ Driving the person to the designated isolation area - Quinta das Beldroegas established an isolation area for the worker to be placed with signs, symptoms, and epidemiological link compatible with the definition of a suspected case. The objective is to prevent other workers from being exposed and infected, thus preventing the spread of the disease in the company and in the community.

Ø Definition of the “isolation” area of QB - Room # 2 of the Main Building / Reception (The isolation area respects the rules enshrined in DGS Guideline 006/2020)

✓ Contact with the SNS24 line (808 24 24 24) in order to assess the case and do due clinical follow-up.

➤ The sick person must not leave QB - Quinta das Beldroegas. We must not allow him to go to the health centre, to a private office or to the hospital emergency room.

➤ Wait for instructions from health professionals.

➤ The Local Health Authority may choose to send the person to the reference Hospital in the area or not, depending on the patient's clinical situation.

Subsequently and with the Coordination of the Directorate of QB - Quinta das Beldroegas:

➤ In suspected cases of COVID-19, the cleaning and laundry professionals waited for the result of the laboratory diagnosis to confirm the suspected or not suspected case, before starting the procedures for removing the clothes and cleaning.

➤ Identification and immediate screening of all persons and places used by the suspected person.

➤ Cleaning and disinfecting all suspected areas of contact.

The Rural Tourism team - Quinta das Beldroegas - Country Houses

Thanks!